

# Parish of the Good Shepherd

THE EPISCOPAL CHURCH IN WABAN, MASSACHUSETTS

## *The First Sunday in Lent*

February 22, 2026 - 10:00AM

**CHORAL EUCHARIST, Rite I**  
*The Book of Common Prayer, page 323*

**Voluntary** *Andante (Sonata II)*

J.S. Bach (1685-1750)

*The People stand as the bell tolls.*

*The procession enters in silence; the sacred ministers kneel at the chancel rail.*

*The People kneel.*

**The Great Litany** *The Hymnal 1982 #S 67*

Harm. Richard Webster (b. 1952)

*The full text of The Great Litany is found in The Book of Common Prayer p.148*

## THE WORD OF GOD

**Kyrie eleison**

*All repeat after the cantor*

*The Hymnal, 1982 #S 95*

Lord, have mercy. **Lord, have mercy.**

Christ, have mercy. **Christ, have mercy.**

Lord, have mercy. **Lord, have mercy.**

**The Collect for the first Sunday in Lent**

*The Book of Common Prayer 166*

*Celebrant* The Lord be with you.

*People* **And with thy spirit.**

*Celebrant* Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted of Satan: Make speed to help thy servants who are assaulted by manifold temptations; and, as thou knowest their several infirmities, let each one find thee mighty to save; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. **Amen.**

**The First Lesson**

*The People sit.*

Genesis 2:15-17; 3:1-7

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden?'" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate;

and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

The Word of the Lord.

People **Thanks be to God.**

### The Psalm 32:1-6 *Beati quorum*



- 1 Happy are they whose transgressions are for- / given, \*  
and whose sin is put a- / way!
- 2 Happy are they to whom the Lord imputes no / guilt, \*  
and in whose spirit there is no / guile!
- 3 While I held my tongue, my bones withered a- / way, \*  
because of my groaning all day / long.
- 4 For your hand was heavy upon me day and / night; \*  
my moisture was dried up as in the heat of / summer.
- 5 Then I acknowledged my / sin to you, \*  
and did not conceal my / guilt.
- 6 I said, "I will confess my transgressions to the / Lord." \*  
Then you forgave me the guilt of my / sin.

### The Second Lesson

Romans 5:12-19

As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned-- sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous. But law came in, with the result that the trespass multiplied; but where sin increased, grace abounded all the more.

The Word of the Lord.

People **Thanks be to God.**

### Sequence Hymn *The Hymnal 1982 #150*

*Aus der Tiefe rufe ich*

"Forty days and forty nights"

### The Gospel

*The People stand.*

Matthew 4:1-11

*Celebrant* The Holy Gospel of our Lord Jesus Christ according to Matthew

People **Glory be to thee, O Lord.**

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these

stones to become loaves of bread.” But he answered, “It is written, ‘One does not live by bread alone, but by every word that comes from the mouth of God.’” Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, “If you are the Son of God, throw yourself down; for it is written, ‘He will command his angels concerning you,’ and ‘On their hands they will bear you up, so that you will not dash your foot against a stone.’” Jesus said to him, “Again it is written, ‘Do not put the Lord your God to the test.’” Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, “All these I will give you, if you will fall down and worship me.” Jesus said to him, “Away with you, Satan! for it is written, ‘Worship the Lord your God, and serve only him.’” Then the devil left him, and suddenly angels came and waited on him.

The Gospel of the Lord.

*People*    **Praise be to thee, O Christ.**

## **The Sermon**

*The People sit.*

## **The Nicene Creed**

*The People stand.*

*The Book of Common Prayer 326*

We believe in one God,

the Father, the Almighty, maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,

the only Son of God, eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made, of one being with the Father.

Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again

in accordance with the Scriptures;

He ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

and his kingdom will have no end.

We believe in the Holy Spirit,

the Lord, the giver of life,

who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

## **The Prayers of the People**

*The Book of Common Prayer 389*

*Lector*    We pray to you, O Lord,

*People*    **Lord, hear our prayer.**

*The Celebrant adds a concluding Collect.*

## The Confession

*The People kneel.*

*The Book of Common Prayer 331*

Most merciful God,  
we confess that we have sinned against thee  
in thought, word, and deed, by what we have done,  
and by what we have left undone.  
We have not loved thee with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of thy Son Jesus Christ, have mercy on us and forgive us;  
that we may delight in thy will, and walk in thy ways,  
to the glory of thy Name. Amen.

## Absolution and Comfortable Words

*The Book of Common Prayer 332*

## The Peace

*The Book of Common Prayer 332*

*Celebrant* The peace of the Lord be always with you.  
*People* And with thy spirit.

## Welcome, Announcements, and Offertory Sentence

# THE HOLY COMMUNION

## Offertory Anthem *Like as the hart*

Herbert Howells (1892-1983)

## The Great Thanksgiving (Prayer II)

*The Book of Common Prayer 340*

*Celebrant* The Lord be with you. *People* And with thy spirit.

*Celebrant* Lift up your hearts. *People* We lift them up unto the Lord.

*Celebrant* Let us give thanks unto our Lord God.

*People* It is meet and right so to do.

*The Celebrant continues with the Proper Preface until saying,*

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

**“Holy, holy, holy”** *Sanctus*

*The Hymnal 1982 #S 114*

Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.  
Blessed is he that cometh in the name of the Lord.  
Hosanna in the highest.

*The people kneel. The Celebrant continues with the Eucharistic Prayer until saying,*

By whom and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **Amen.**

*Celebrant And now as our Savior Christ hath taught us, we are bold to say,*

**“Our Father”** *The Lord’s Prayer*

*The Book of Common Prayer 336*

**The Breaking of the Bread**

*The Hymnal 1982 # S154*



Christ our pass-o-ver is sac-ri-ficed for us; there-fore let us keep— the feast.

**“O Lamb of God”** *Agnus Dei*

*The Hymnal 1982 S 158*

O Lamb of God, that takest away the sins of the world, have mercy upon us.  
O Lamb of God, that takest away the sins of the world, have mercy upon us.  
O Lamb of God, that takest away the sins of the world, grant us thy peace.

**The Prayer of Humble Access**

*The Book of Common Prayer 337*

*Celebrant and People*

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. **Amen.**

**The Presentation and Invitation**

*Facing the people, the Celebrant says the following Invitation*

The Gifts of God for the People of God.

Take them in remembrance that Christ died for you,  
and feed on him in your hearts by faith, with thanksgiving.

*We welcome all baptized persons, regardless of denomination or tradition, to receive Communion. Please come forward as the ushers direct you. The Celebrant communicates every individual with bread. To receive wine, you may either drink from the common cup or by intinction. Those wishing to receive a blessing instead should indicate by crossing their arms.*

**During the Administration of the Sacrament**

**Anthem** *O taste and see*

Ralph Vaughan Williams (1872-1958)

**Hymn** *The Hymnal 1982 #142*

*St. Flavian*

“Lord, who through these forty days”

## The Post-Communion Prayer

*The Book of Common Prayer 339*

*Celebrant and People, kneeling*

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

## The Blessing

*The people stand for the processional hymn.*

**Processional Hymn** *The Hymnal 1982 #688*

*Ein feste Burg*

“A mighty fortress is our God”

## The Dismissal

*People* Thanks be to God.

**Voluntary** Allegro (Sonata II)

Johann Sebastian Bach (1685-1750)

## Parish Notes for The First Sunday in Lent

**Coffee Hour** – In the Common Room with today's hosts

**Troy and Biz Bracher with Gail Murphy**

**This Week at Good Shepherd:**

<u>Sunday</u>	10:00 AM	Choral Holy Eucharist and Children's Christian Ed
		Coffee Hour Follows
	11:45 AM	Adult Forum in the Loring Room and on ZOOM
	1:00 PM	Confirmation in the Loring Room
	5:30 PM	Celtic Eucharist
<u>Tuesday</u>	6:30 PM	Bible Study on ZOOM
<u>Wednesday</u>	6:45 PM	MidWeek Eucharist

## **Adult Forum Lenten Series: Perspectives on Sin and Redemption**

*Feb 22 Augustine and Sin: It's Both Better and Worse than You Think*, with Dr.

Jonathan Teubner (Harvard)

*Mar 1 J.S. Bach's St John Passion: conception, reception, and musical*

*highlights*, with Andrew Sheranian, Organist & Choirmaster

*Mar 8 Parodic, perverse, and profoundly subject: Dante's Varieties of Sin & Evil*,

with Dr Rachel Teubner, Director of Christian Education

*Mar 15 Sacramental Confession for Episcopalians*, with Kristen Filipic

(Society of the Companions of the Holy Cross)

*Mar 22 Faith, Hell, and Fear: On Guilt Both Good and Bad*, with Dr James

Oldfield (Boston College)

**Lenten Devotional Drive** – The Good Shepherd Lenten drive this year benefits The Freedge/Newton Food Pantry. Throughout Lent, we will be collecting non-perishable food items to assist individuals and families in need within our community. Suggested donations include canned goods, pasta, rice, cereal, peanut butter, and other shelf-stable items. There is a collection box at the rear of the Church.

**St. Patrick's Ceilidh (kālē) Celebration** – Sunday, March 15th at 6:30PM. Ceilidh (kālē) is the traditional social dance of Scotland and Ireland; think square dancing with live music! No experience or partner is necessary. Invite friends who might enjoy the bi-weekly Celtic Eucharist. Come for the service, stay for the party! Please RSVP to Covie Edwards-Pitt ([covie\\_ep@hotmail.com](mailto:covie_ep@hotmail.com)). And feel free to wear green!

**Music Minute** – Today's communion anthem was written by celebrated English composer Ralph Vaughan Williams, and was premiered at the coronation of Queen Elizabeth II in Westminster Abbey.

### **Serving in the Liturgy Today:**

**Gene Wayne** – Usher/Lector; **Rachel Teubner** – Subdeacon(s); **Elise Groves** – Chalice Bearer; **Loring Conant** – Intercessor; **Mike Yeh** – AV Tech; **Ella Weldon** – Crucifer; **Louis Younkin** – Torch Bearer(s); **TBD** – Atrium Asst(s); **Barbara Wood and Louise Conant** – Altar Guild

**The Reverend Dr. James Weldon** – Celebrant

**Dr. Rachel Teubner** – Preacher

The Reverend Dr. James A. Weldon, Jr., Rector  
The Reverend Dr. Paul Kolbet, Priest Associate  
Andrew Sheranian, Organist/Choirmaster  
Dr. Rachel Teubner, Christian Education Director  
Sara Foley, Parish Administrator

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