

Parish of the Good Shepherd

THE EPISCOPAL CHURCH IN WABAN, MASSACHUSETTS

The Second Sunday in Lent

March 1, 2026 - 10:00AM

CHORAL EUCHARIST, Rite I
The Book of Common Prayer, page 323

Voluntary *Tiento I*

Juan Cabanilles (1644-1712)

The People stand as the bell tolls.

Processional Hymn *The Hymnal 1982 #489*

Tallis' Ordinal

“The great creator of the worlds”

THE WORD OF GOD

The Opening Acclamation

Celebrant Bless the Lord who forgiveth all our sins.

People **His mercy endureth for ever.**

The Collect for Purity

The Book of Common Prayer 323

The Decalogue *Sung by the choir*

BCP page 317

Music: Thomas Tallis (d. 1585)

God spake these words, and said: I am the Lord thy God who brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have none other gods but me. *Lord, have mercy upon us, and incline our hearts to keep this law.*

Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them. *Lord, have mercy...*

Thou shalt not take the Name of the Lord thy God in vain. *Lord, have mercy...*

Remember that thou keep holy the Sabbath day. *Lord, have mercy...*

Honor thy father and thy mother. *Lord, have mercy...*

Thou shalt do no murder. *Lord, have mercy...*

Thou shalt not commit adultery. *Lord, have mercy...*

Thou shalt not steal. *Lord, have mercy...*

Thou shalt not bear false witness against thy neighbor. *Lord, have mercy...*

Thou shalt not covet.

Lord, have mercy upon us, and write all these thy laws in our hearts, we beseech thee.

Lord, have mercy. **Lord, have mercy.**
Christ, have mercy. **Christ, have mercy.**
Lord, have mercy. **Lord, have mercy.**

The Collect for the Second Sunday in Lent

Celebrant The Lord be with you.

People **And with thy spirit.**

Celebrant Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from thy ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of thy Word, Jesus Christ thy Son; who with thee and the Holy Spirit liveth and reigneth, one God, for ever and ever. **Amen.**

The First Lesson *The People sit.*

The Lord said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed." So Abram went, as the Lord had told him; and Lot went with him.

The Word of the Lord.

People **Thanks be to God.**

The Psalm 121 *Levavi oculos*



- 1 I lift up my eyes to the / hills; *
- from where is my help to / come?
- 2 My help comes from the / Lord, *
- the maker of heaven and / earth.
- 3 He will not let your foot be / moved *
- and he who watches over you will not fall a- / sleep.
- 4 Behold, he who keeps watch over / Israel *
- shall neither slumber nor / sleep;
- 5 The Lord himself watches / over you; *
- the Lord is your shade at your / right hand,
- 6 So that the sun shall not strike you by / day, *
- nor the moon by / night.
- 7 The Lord shall preserve you from all / evil; *
- it is he who shall keep you / safe.
- 8 The Lord shall watch over your going out and your coming / in, *
- from this time forth for ever- / more.

The Second Lesson

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? "Abraham believed God, and it was reckoned to him as righteousness." Now to one who works, wages are not reckoned as a

gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness. For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations") —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

The Word of the Lord.

People **Thanks be to God.**

Sequence Hymn *The Hymnal 1982 #635*

Wer nur den lieben Gott

"If thou but trust in God to guide thee"

The Gospel

The People stand.

John 3:1-17

Celebrant The Holy Gospel of our Lord Jesus Christ according to John

People **Glory be to thee, O Lord.**

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things? "Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. "For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. "Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

The Gospel of the Lord.

People **Praise be to thee, O Christ.**

The Sermon

The People sit.

The Nicene Creed *The People stand.*

The Book of Common Prayer 326

We believe in one God,

**the Father, the Almighty, maker of heaven and earth,
of all that is, seen and unseen.**

We believe in one Lord, Jesus Christ,

**the only Son of God, eternally begotten of the Father,
God from God, Light from Light,
true God from true God,**

begotten, not made, of one being with the Father.

Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People

Lector We pray to you, O Lord,

People Lord, hear our prayer.

The Celebrant adds a concluding Collect.

The Book of Common Prayer 389

The Confession *The People kneel.*

Most merciful God,
we confess that we have sinned against thee
in thought, word, and deed, by what we have done,
and by what we have left undone.
We have not loved thee with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of thy Son Jesus Christ, have mercy on us and forgive us;
that we may delight in thy will, and walk in thy ways,
to the glory of thy Name. Amen.

The Book of Common Prayer 331

Absolution and Comfortable Words

The Book of Common Prayer 332

The Peace

Celebrant The peace of the Lord be always with you.

People And with thy spirit.

The Book of Common Prayer 332

Welcome, Announcements, and Offertory Sentence

THE HOLY COMMUNION

Offertory Anthem *When David heard*

Thomas Tomkins (1572-1656)

The Great Thanksgiving (Prayer II)

The Book of Common Prayer 340

Celebrant
The Lord be with you.

People
And with thy spirit.

Celebrant
Lift up your hearts.

People
We lift them up unto the Lord.

Celebrant
Let us give thanks unto our Lord God.

People
It is meet and right so to do.

The Celebrant continues with the Proper Preface until saying,

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

“Holy, holy, holy” *Sanctus*

The Hymnal 1982 #S 114

Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.
Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.

The people kneel. The Celebrant continues with the Eucharistic Prayer until saying,

By whom and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **Amen.**

Celebrant And now as our Savior Christ hath taught us, we are bold to say,

“Our Father” *The Lord’s Prayer*

The Book of Common Prayer 336

The Breaking of the Bread

The Hymnal 1982 # S154

Christ our pass-o-ver is sac-ri-ficed for us; there-fore let us keep the feast.

“O Lamb of God” *Agnus Dei*

The Hymnal 1982 S 158

O Lamb of God, that takest away the sins of the world, have mercy upon us.
O Lamb of God, that takest away the sins of the world, have mercy upon us.
O Lamb of God, that takest away the sins of the world, grant us thy peace.

The Prayer of Humble Access

The Book of Common Prayer 337

Celebrant and People

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

The Presentation and Invitation

Facing the people, the Celebrant says the following Invitation

The Gifts of God for the People of God.

Take them in remembrance that Christ died for you,
and feed on him in your hearts by faith, with thanksgiving.

We welcome all baptized persons, regardless of denomination or tradition, to receive Communion. Please come forward as the ushers direct you. The Celebrant communicates every individual with bread. To receive wine, you may either drink from the common cup or by intinction. Those wishing to receive a blessing instead should indicate by crossing their arms.

During the Administration of the Sacrament

Anthem *Salvator mundi*

Thomas Tallis (1505-1585)

Salvator mundi, salva nos, qui per crucem et sanguinem redemisti nos: auxiliare nobis deprecamur, Deus noster. Amen.

O saviour of the world, who by thy cross and precious blood hast redeemed us: save us and help us, we humbly beseech thee, O Lord. Amen.

Hymn *The Hymnal 1982 #337*

Unde et memores

“And now, O Father, mindful of the love”

The Post-Communion Prayer

The Book of Common Prayer 339

Celebrant and People, kneeling

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The Blessing

The people stand for the processional hymn.

Processional Hymn *The Hymnal 1982 #401*

Leoni

“The God of Abraham praise”

The Dismissal

People Thanks be to God.

Voluntary *Tiento V*

Juan Cabanilles (1644-1712)

Parish Notes for The Second Sunday in Lent

Coffee Hour – In the Common Room with today's hosts

Ken and Pam Rothwell

This Week at Good Shepherd:

Sunday 10:00 AM Choral Holy Eucharist and Children's Christian Ed
Coffee Hour Follows
11:45 AM Adult Forum in the Loring Room and on ZOOM
6:30 PM Confirmation in the Loring Room
Tuesday 6:30 PM Bible Study on ZOOM

Adult Forum Lenten Series: Perspectives on Sin and Redemption

Mar 1 J.S. Bach's St John Passion: conception, reception, and musical

highlights, with Andrew Sheranian, Organist & Choirmaster

Mar 8 Parodic, perverse, and profoundly subject: Dante's Varieties of Sin & Evil,

with Dr Rachel Teubner, Director of Christian Education

Mar 15 Sacramental Confession for Episcopalians, with Kristen Filipic

(Society of the Companions of the Holy Cross)

Mar 22 Faith, Hell, and Fear: On Guilt Both Good and Bad, with Dr James

Oldfield (Boston College)

Lenten Devotional Drive – The Good Shepherd Lenten drive this year benefits The Freedge/Newton Food Pantry. Throughout Lent, we will be collecting non-perishable food items to assist individuals and families in need within our community. Suggested donations include canned goods, pasta, rice, cereal, peanut butter, and other shelf-stable items. There is a collection box at the rear of the Church.

St. Patrick's Ceilidh (kālē) Celebration – Sunday, March 15th at 6:30PM. Ceilidh (kālē) is the traditional social dance of Scotland and Ireland; think square dancing with live music! No experience or partner is necessary. Invite friends who might enjoy the bi-weekly Celtic Eucharist. Come for the service, stay for the party! **Please text your RSVP to Covie Edwards-Pitt (617)538-9589 by Friday, March 6th with the number in your group so we'll have an accurate count for catering purposes.** And feel free to wear green!

Music Minute – *When David Heard* by Tudor-period English composer Thomas Tomkins is frequently sung during the season of Lent because of its raw meditation on loss, penitence, and sorrow. The work unfolds in long, suspensive lines and aching dissonances, employing harmonic clashes which depict grief in searing intensity.

Serving in the Liturgy Today:

Marygrace Barber – Usher/Lector; **Troy Bracher** – Subdeacon(s); **Rachel Teubner** – Chalice Bearer; **James Oldfield** – Intercessor; **Greg Manthei** – AV Tech; **Ella Weldon** – Crucifer; **Louisa Younkin** – Torch Bearer(s); **TBD** – Atrium Asst(s); **Jennifer Manthei and Louise Conant** – Altar Guild

The Reverend Dr. James Weldon – Celebrant and Preacher

The Reverend Dr. James A. Weldon, Jr., Rector
The Reverend Dr. Paul Kolbet, Priest Associate
Andrew Sheranian, Organist/Choirmaster
Dr. Rachel Teubner, Christian Education Director
Sara Foley, Parish Administrator

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